

Michael Jurgelewicz, DC, DACBN, DCBCN

Dr. Michael Jurgelewicz has been studying nutrition for the past 11 years. He has a B.S. degree in Health & Wellness, a B.S. degree in Anatomy, is a Doctor of Chiropractic, is Board Certified in Nutrition from the American Clinical Board of Nutrition (DACBN), and a Diplomate of the Chiropractic Board of Clinical Nutrition (DCBCN). He is also a member of the American Clinical Board of Nutrition's Examination Committee. Dr. Jurgelewicz is the Director of Product and Clinical Support at Designs for Health as well as a Professor at the University of Bridgeport. He also maintains a private practice specializing in functional medicine and is the author and contributor to several professional publications.

Dr. Jurgelewicz's academic training and clinical experience position him as an authority in the management of a variety of chronic health conditions such as fibromyalgia, arthritis, digestive disorders, autoimmune diseases, and other chronic conditions.

He specializes in functional medicine under the paradigm of natural internal medicine for hormonal imbalances, autoimmune disorders, gastrointestinal disorders, nutritional counseling, oxidative stress, structural imbalances, chiropractic, and physiotherapy care.

Professional Licenses Held:

Commonwealth of Pennsylvania
State of Connecticut

Summary of Qualifications

Education

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| D.C., Doctor of Chiropractic | August 2007 |
| Parker College of Chiropractic, Dallas, TX | |
| B.S., Anatomy | August 2007 |
| Parker College of Chiropractic, Dallas, TX | |
| B.S., Health and Wellness | August 2007 |
| Parker College of Chiropractic, Dallas, TX | |
| B.S., Marketing | May 2001 |
| The Pennsylvania State University, State College, PA | |

Clinical Experience

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| Designs for Health, Suffield, CT Director of Product and Clinical Support | February 2014-Present |
| Bucks County Center for Functional Medicine Functional Medicine Practitioner | August 2011-Present |
| Evon Chiropractic, Yardley, PA Chiropractic Physician | July 2008-February 2014 |
| Washington Square Chiropractic, Phila., PA Chiropractic Physician | September 2007-July 2008 |

Certifications

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| D.A.C.B.N., Diplomate, American Clinical Board of Nutrition American Clinical Board of Nutrition, Front Royal, VA | January 2013 |
| D.C.B.C.N., Diplomate, Chiropractic Board of Clinical Nutrition Chiropractic Board of Clinical Nutrition, West Palm Beach, FL | June 2013 |
| Westside Barbell Special Strength Certification | July 2012 |
| Functional Medicine University | July 2011 |
| First Line Therapy Certified Health Care Practitioner | November 2010 |
| ICPA Perinatal Care: Webster Certification | November 2009 |
| CLEAR INSTITUTE Scoliosis Correction | December 2007 |
| Motion Palpaton Institute | January 2007 |

Positions

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| American Board of Clinical Nutrition Examination Committee | January 2015-Present |
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University Classes Instructed

Functional Medicine Nutrition. University of Bridgeport Nutrition Institute. Bridgeport, CT.

Nutritional Therapeutics. University of Bridgeport Nutrition Institute. Bridgeport, CT.

Publications

Jurgelewicz, Michael. *Is a Gluten-Free Diet Enough for Patients with Celiac Disease?* Nutritional Perspectives: Journal of the Council on Nutrition of the American Chiropractic Association. January 2015. p. 8-9

Jurglewicz, Michael. *Natural Treatments for Autoimmune Diseases*. Nutritional Perspectives: Journal of the Council on Nutrition of the American Chiropractic Association. April 2013. p. 5-7.

Jurglewicz, Michael. *Plant Extracts Superior for Managing Osteoarthritis*. Today's Practitioner. August 10, 2015.

Selected Lectures and Presentations Given

Maryland Chiropractic Association's 2015 Fall Convention and Continuing Education Forum. A Functional Medicine Approach to Autoimmune Disease and Gastrointestinal Disorders. October 11, 2014, Ocean City, Maryland.

Sjogren's Syndrome Foundation. A Functional Medicine Approach to Autoimmune Disease & Case Study with Sjogren's Syndrome. July 7, 2014, Willow Grove, PA.

Media

"Essentials of Healthy Living" Radio Show April 26, 2015
Topic: Weight Loss and Detox

"Essentials of Healthy Living" Radio Show March 29, 2015
Topic: Managing Osteoarthritis

Getting the Most Out of Your Workout: Building Strength and Supplementation Educational Webinar July 29, 2015

A Functional Medicine Approach to Autoimmune Disease September 30, 2014
Educational Webinar

Teleconferences (Moderator and Participant)

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| Designs for Health Nutrient Roundtable- Protein Powders | November 2015 |
| Designs for Health Nutrient Roundtable- GI Support | October 2015 |
| Designs for Health Nutrient Roundtable- Sleep | September 2015 |
| Designs for Health Nutrient Roundtable- Insulin Resistance | August 2015 |
| Designs for Health Nutrient Roundtable- Magnesium | July 2015 |
| Designs for Health Nutrient Roundtable- GI Health | June 2015 |
| Designs for Health Nutrient Roundtable- Children's Formula | May 2015 |
| Designs for Health Nutrient Roundtable- Skin Health | April 2015 |
| Designs for Health Nutrient Roundtable - Stress and Neuro Health | March 2015 |
| Designs for Health Nutrient Roundtable - Cardiovascular Health | February 2015 |
| Designs for Health Nutrient Roundtable – PCOS | January 2015 |
| Designs for Health Nutrient Roundtable - Weight Loss | December 2014 |
| Designs for Health Nutrient Roundtable - Bone and Joint Support | November 2014 |
| Designs for Health Nutrient Roundtable - Immune Support | October 2014 |

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| Designs for Health Nutrient Roundtable - Detoxification | September 2014 |
| Designs for Health Nutrient Roundtable - Probiotics | August 2014 |
| Designs for Health Nutrient Roundtable - Multi-Vitamins | July 2014 |
| Designs for Health Nutrient Roundtable - Fish oil | June 2014 |

Post Graduate Continuing Education

Organic Acids Workshop Presented by Great Plains Laboratory (Westbrook University). October 17, 2015, Boston, MA.

4th Triennial Yale/Harvard Workshop on Probiotic Recommendations (Yale School of Medicine). March 20, 2015.

Nutrition Diplomate #22: Metabolism III Interrelationships and Pathways (Northwestern Health Sciences University). December 9-29, 2014.

Integrative Cancer Care: Optimizing the Biological Terrain and Supporting Healthy Function (University of Bridgeport). April 5, 2014, New York, NY.

DFH Core III- Autoimmune and Stealth Infections (University of Bridgeport). June 22, 2013, Philadelphia, PA.

DFH Core II- Functional Endocrinology (University of Bridgeport). April 6, 2013, Baltimore, MD.

Nutrition Diplomate #6: Female Nutrition (Northwestern Health Sciences University). December 10, 2012.

Nutrition Diplomate #14: Herbal Medicine: Introduction and Clinical Applications (Northwestern Health Sciences University). December 6-9, 2012.

Apex Energetics- Mastering Functional Blood Chemistry Analysis (University of Bridgeport). September 14-16, 2012, Philadelphia, PA.

DFH Core III- Autoimmune and Stealth Infections (University of Bridgeport). June 9, 2012, Bridgeport, CT.

Nutrition Diplomate #12: Hyperimmunity- Allergies, Autoimmune Disorders, and Dermatology (Northwestern Health Sciences University). March 18-25, 2012.

Apex Energetics- Functional Blood Chemistry Analysis (University of Bridgeport). August 13-14, 2011, Philadelphia, PA.

Post Graduate Studies in Clinical Nutrition Program from the Clinical Nutrition Certification Board (CNCB)

- Session 1- Optimal Human Nutrition: Biochemistry of essential vitamins, biochemistry of essential minerals, biochemistry of essential trace minerals, biochemistry of essential amino acids and accessory nutrients, optimal human nutrition, environmental health issues, drug induced nutritional deficiencies. July 25, 2011.

Functional Medicine University- CFMP (Southern California University of Health Sciences 200 CE Hours) July 2010 - July 2011

DFH Core II- Functional Endocrinology (University of Bridgeport). June 11, 2011, Philadelphia, PA

Metamatrix Institute- Applying Laboratory Evaluations to Improve Clinical Outcomes (University of Bridgeport). May 14-15. 2011, Atlanta, GA.

International Chiropractic Pediatric Association (ICPA) Perinatal Care and Webster Certification. November 8, 2009, Philadelphia, PA.

Biohealth Diagnostics- Resolving Chronic Stress Related Disorders

Candidate for Certification from the American Board of Chiropractic Neurologists. (200 hours toward DABCN).

- Carrick Institute Module 813: Pain. February 18-19, 2006, Dallas, TX.
- Carrick Institute Module 814: Head and Face Pain. March 11-12, 2006, Dallas, TX.
- Carrick Institute Module 815: Motor Systems. April 8-9, 2006, Dallas, TX.
- Carrick Institute Module 816: Electrodiagnostics. May 13-14, 2006, Dallas, TX.
- Carrick Institute Module 817: Neurological Imaging. June 10-11, 2006, Dallas, TX.
- Carrick Institute Module 818: Clinical Applications I. July 15-16, Dallas, TX.
- Carrick Institute Module 819: Clinical Applications II. August 12-13, Dallas, TX.
- Carrick Institute Module 801: Neuron Theory and Receptor Activation. February 24-25, 2007, Dallas, TX.
- Carrick Institute Module 824: Chiropractic Adjusting. March 24-25, 2007, Dallas, TX.
- Carrick Institute Module 802: Neuromuscular Applications. April 21-22, 2007, Dallas, TX.
- Carrick Institute Module 803: Peripheral Nervous System. May 26-27, 2007, Dallas, TX.

- Carrick Institute Module 805: Reflexogenic Systems. August 22-23, 2008 Harrisburg, PA.

Affiliations and Credentials

The Institute of Functional Medicine Member, American Board of Clinical Nutrition, Chiropractic Board of Clinical Nutrition, Parker University Alumni Member, Pennsylvania State University Alumni Life Member, Kappa Alpha Order